



PEARL

**Mobile health as a primary mode of intervention for women at risk of, or diagnosed with, gestational diabetes mellitus**

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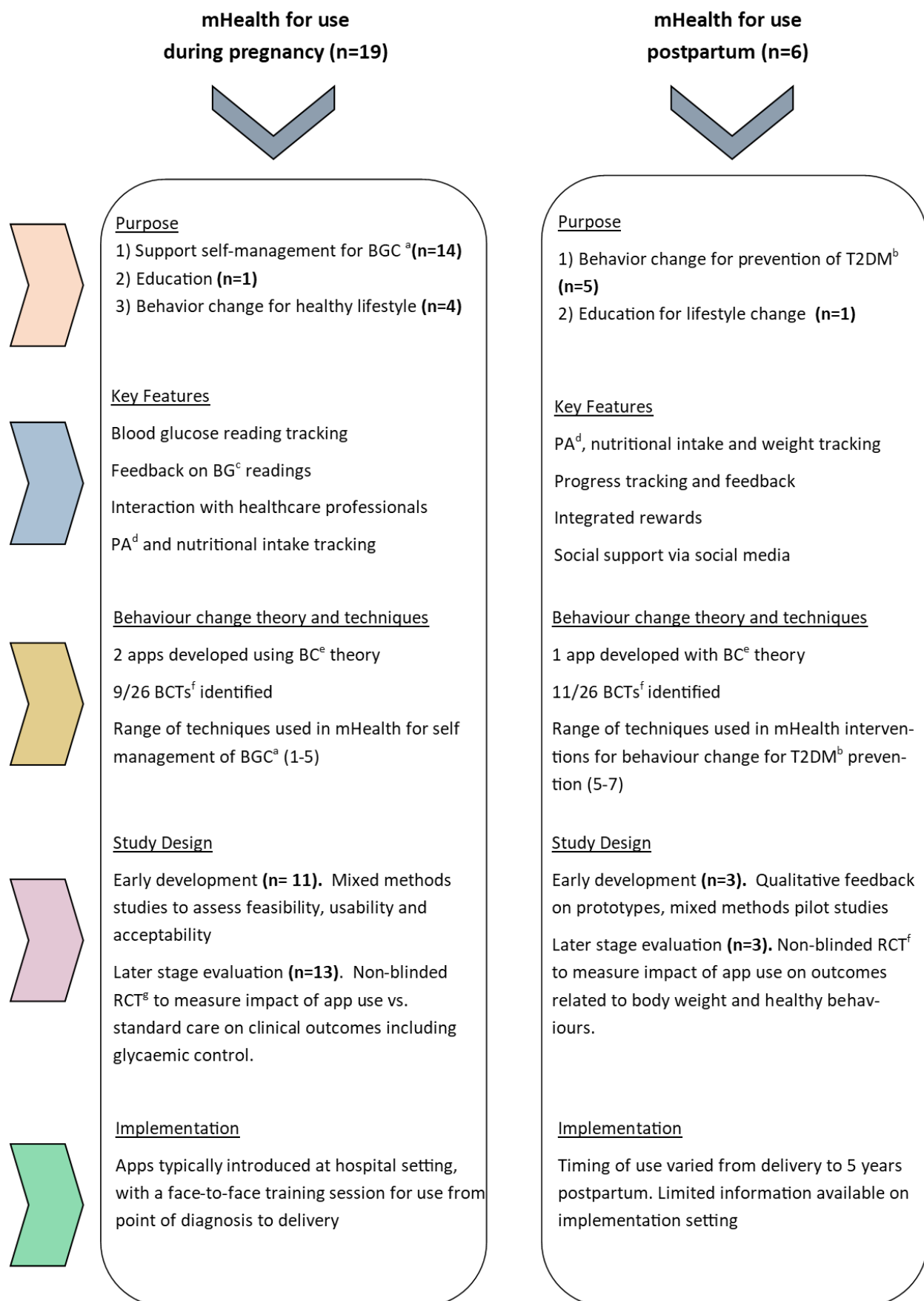


Figure 2. Summary of scoping review main findings.

<sup>a</sup>BGC blood glucose control

<sup>b</sup>T2DM type 2 diabetes

<sup>c</sup>BG blood glucose

<sup>d</sup>PA physical activity

<sup>e</sup>BC behavior change

<sup>f</sup>BCT behavior change technique

<sup>g</sup>RCT randomized control trial